



# MOUNTAINSIDE POLICE ATHLETIC LEAGUE FLAG FOOTBALL

**BOYS AND GIRLS - GRADES 1 THROUGH 4**

**When:** Saturday afternoons - September 24 through November 12, 2011  
1<sup>st</sup> & 2<sup>nd</sup> grades - 2:00-3:00; 3<sup>rd</sup> & 4<sup>th</sup> grades - 3:00-4:00.

***DOESN'T CONFLICT WITH SOCCER !***

**Place:** Echo Brook Field at Borough Hall, Mountainside

**Registration Fee:** \$30.00 per child - includes Flag Football Jersey, Belt, and Youth Football.

**Forms due:** MONDAY, SEPTEMBER 12, 2011

**Checks payable to:** Mountainside PAL

Child's name: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

email \_\_\_\_\_ Telephone \_\_\_\_\_

Child's grade as of 9/5/11: \_\_\_\_\_ Shirt - (s/m/l/xl/as): \_\_\_\_\_

Forms and Checks MUST BE DROPPED OFF BY MONDAY, SEPT 13TH to:

Christopher Minks, 311 Tanager Way, Mountainside, NJ.

Questions Call: Chris Minks - 908-654-3401

My son or daughter has been recently examined by a physician and to the best of my knowledge and belief is physically fit and able to participate in the Mountainside PAL Flag Football program. He or she has my permission to participate in the Program. I understand that there are elements of risk in football and any physical activity. I understand that I am responsible for transportation to and from all program activities. It is understood and we acknowledge and agree that my son or daughter will participate at his or her and our own risk, and that we hereby indemnify and hold harmless the Mountainside PAL, its Officers and Directors, and the Program coaches, and other participants from and against any liability, loss, claim or injury sustained by virtue of such participation.

Date \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent or Guardian